YOUR IMUPRO OPTIONS





ImuPro Screen* provides an individual analysis of **44 common foods.** Such as dairy products, cereals and chicken egg. You will receive a comprehensive report with accurate results at a glance. Dietary recommendations are not included.

ImuPro Basic tests **90 individual foods.** In addition, you receive a comprehensive report with accurate results at a glance. You will receive personal nutritional guidelines which include individual recommendations for your 4-day rotation.

ImuPro Complete tests **270 individual foods and additives** (including the 90 foods in ImuPro Basic). Your diet can be changed very selectively based on the findings. This means that there will be a larger variety of alternatives for your 4-day rotation.

With ImuPro Complete, you will receive a comprehensive report with accurate results at a glance and personal nutritional guidelines which lead you through your change in diet. Your results pack also includes individual recommendations for your 4-day rotation and a recipebook which is specifically tailored to your tolerated foods.

To see which foods are tested in each ImuPro test, please visit **www.imupro.com**.

SYPMTOMS OF FOOD HYPERSENSITIVITY





Symptoms of a food hypersensitivity

- Fertility issues
- Menstrual cycle disorders / Infertility
- Stomach pain
- Diarrhea
- Constipation
- Skin rashes and eczema
- Headaches
- Muscle or joint pain
- Excess weight

RIGHT FOOD. BETTER CHANCE.



Pro
Right Food. Better Health.

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YOUR BUILDING BLOCKS FOR INCREASING YOUR CHANCES OF PREGNANCY

Food Hypersensitivity: Diagnostics and Guidance

mupro.com

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HEALTHY BODIES MAKE HEALTHY BABIES

ACHIEVE YOUR MAXIMUM FERTILITY



YOUR INDIVIDUAL IMUPRO DIET COULD MAKE YOUR BABY WISH COME TRUE







Make ImuPro your next step

Infertility is affecting a growing number of couples. Our modern life style, characterized by living in a rush, stress and by an improper diet, leads to a decrease in fertility for quite a number of women and men.

By finding out what your food hypersensitivities are, your fertility could be optimized and the risk of miscarriage could be minimized. Identifying IgG positive foods with ImuPro testing could present a powerful tool to reduce chronic inflammation and promote fertility.

Food Hypersensitivity can also affect male fertility

Nutrition can affect sperm production and shape (or morphology) as well. It is important to support both the male and female bodies with the right food when preparing for fertility.

Sperm count and sperm motility can be infl uenced by what one eats: a balanced diet with enough vitamins, minerals and fatty acids is very important. Sperm carry half of the DNA in order for a female egg to be fertilized. Healthy sperm play a crucial role in conception and can diminish the risk for miscarriage.

How your diet could help you

Your diet may help you to increase your chances to get pregnant.

ImuPro is a blood test which detects the level of food specific IgG antibodies. In combination with the nutritional concept based on your individual test results, ImuPro may help you to change your diet and improve your fertility. By eliminating food which causes you problems, your body can recover and it will be easier for you to conceive.





